



Thank You Roundhill



The School is beginning to make plans for the 2024 Ski season and we would like to thank Charlie Rieder and the Roundhill team for their continued support of our small school. This year the Roundhill team have been incredibly generous with their support of our tamariki. This has enabled our school the opportunity to build on this unique programme, with the valued contribution of Roundhill meaning all our children have the opportunity to experience our local mountain.

Roundhill will fund our children's season's passes and lessons this season, allowing us to consider and think about transport to and from the mountain this year. The school over the last few years has undergone some significant changes with regard to access and experiences on the mountain and we are so pleased that through this relationship our children get to reap the rewards of this localised experience. Thank you Roundhill.

School Audit / School Bank Account Details:

Unfortunately we had some outstanding accounts from last year that have needed to be closed. This does put pressure on our small school budget and as a Board of Trustees we need to be responsive to meeting the operational costs across all the areas of school. This includes, Curriculum, Personnel, Professional Development, Resources, Utilities and Property demands. Where we can, we will try to assist with these costs and we are also conscious of the increasing cost of living expenses. Please be honest with us, so we can make arrangements to assist you. Thank you to Jane for the work undertaken with our annual audit and it is pleasing to see we have managed to pull back on costs and remain within budget.

The 2024 ski season is fast approaching and as can be noted above we are hugely lucky to have Roundhill supporting our children. This does mean parent skiing costs and rental costs will fall to individuals. If you wish to make payments towards skiing, particularly if you are going to be using hire gear, you are able to do so by depositing funds into the **Lake Tekapo School Account: 03-0855-0334524-000**. Please put in your family name and skiing as the reference.

Tiredness, Fatigue and Independence:



The winter months are beginning to hit and we are aware that a lot of children are busy with winter sports. Please make sure you keep an eye on flu symptoms and general fatigue, with it better the children recuperate early, rather than carry on. The staff do appreciate this, with the children needing to be 'on task' and 'alert' for the teaching programmes being provided.

The Teaching Staff from School and Kindergarten meet to discuss transition alignment and things we are noticing on behalf of our tamariki. One of the main

discussions at the moment is the independence being demonstrated by children and the need for them to discuss and negotiate their needs. Jasmine and Libby have sent out a comprehensive list of ideas for independence at a junior level, but it is a good reminder for our senior children also, that there is a collective expectation that managing self, participating and contributing, thinking and relating to others are the soft skills that create the whole child. Please work with your child(ren) to see the value in these lifelong skills.

Hot Rod Club Fundraising Event - The Hurricane Rodders - Dunedin



Thank you to Jason and Casey Jeffries for picking up the Hot Rod Fundraiser happening this weekend - Saturday 1st June. If you are able to assist on the day we would be appreciative. Please contact Casey if you can help. The Hot Rod Club will be arriving for a catered lunch at 12:30pm and will be on the school grounds until around 2:00pm. You

are welcome to view the cars if you are around this weekend. Please be aware that the catering is for the Hot Rod Club only.

Lunchbox and Lunches:

We have been discussing with our Public Health Nurse the nutrition and expectations of school lunches. We are noticing a lot of sugar, processed food and packaged food. In keeping with the School's Food and Nutrition Policy, we thought it prudent to remind parents that this is an important part of your child's learning. Thank you to the Lake Tekapo Four Square for the continued supply of Fruit and Vegetables for our 2:00pm break. The children love it.



Ideas for Lunches:

Vegetables and Fruits

- Vegetable sticks – carrot, cucumber, and celery with an optional dip such as cottage cheese, hummus, pesto, Greek yoghurt, tzatziki, or *peanut butter.
- Small (cherry) or chopped tomatoes
- Fresh fruit – chopping bigger fruit beforehand will make it easier to eat – a variety throughout the week maintains interest and ensures a variety of nutrients
- Fruit pottles
- Mini salads – coleslaw or a lettuce salad with tomato, grated carrot, and cucumber
- Small packet or handful of raisins or dried fruit

Grain foods (bread, rice, pasta, breakfast cereals)

- Sandwiches – see below for filling and presentation ideas
- Cereal bars
- Plain biscuits
- Plain popcorn

- Rice crackers
- Potato or pasta salad
- Potato cakes
- Leftover pasta and rice dishes

Milk and milk products (milk, cheese, yoghurt)

- Pottle of yoghurt or yoghurt squeezables
- Plain or flavoured milk
- Cubes or slices of cheese
- Cottage cheese – add to sandwiches or use as a dip for vegetable sticks

Legumes, nuts, seeds, fish and other seafood, eggs, poultry, and/or red meat with the fat removed

- Meat or chicken sandwiches
- Egg or tuna sandwiches
- Hard-boiled eggs
- Hummus – Add some to sandwiches or put a couple of tablespoons in a container to go alongside vegetable sticks
- *Peanut butter – add to sandwiches or use as a dip for vegetable sticks
- *A small handful of nuts and seed

Drinks

Water and milk are the best drinks for children. Add a squeeze of lemon juice or a splash of juice to their water bottle for a little extra flavour if needed. Read more about fluids on our fact page.

School Hours - Children Arriving Late:



A reminder that school begins for instruction at 9am, with children welcome to be at school from 8.30am each day. School finishes at 3pm for children to be picked up.

Staff would appreciate children being at school on time, as there was a noticeable increase in students being late to school last term. This does cause disruptions to the start of the daily programme. The school is very aware that with winter sports and travel for practices, the end of the day can be an issue. Please let the school know your arrangements or text the school office on 027-374 8734. **Please remember, if there are changes to your arrangements or where your child is going home to, please ensure the school knows.** Staff are duty bound to

ensure the safety of your child until they are with their guardian/caregiver/parent after school.

Dates:

- 30 May - Cross Country 30th May (Thursday) Cross Country
- 1-3 June - King's Birthday Weekend - **SCHOOL CLOSED**
- 2nd June - Fundraiser for Hot Rods
- 11 June - SCPSSA Cross Country
- 21 June - Winter at The Springs 4-7pm sausage sizzle
- 28 June - Matariki - **SCHOOL CLOSED**
- 5 July - Last Day Term 2
- 22 July - First Day Term 3

